

 February 2013 

website: www.NicklausMartialArts.com

"I Only Want My Son To Learn How To Kick And Punch"

A while ago, I had a conversation with a parent who was upset because he wanted his son to only learn the martial arts.

I asked him what he meant by only learning the martial arts. He went on to say that he wanted us to teach his son only the kicking and punching and the physical fitness part of the martial arts.

Granted, the kicking, punching, and physical fitness is certainly important. At the same time I believe that martial arts with many references to the importance of good choices, respect, self discipline, setting goals, accepting challenges, and helping students understand how and why martial arts is something that should affect every aspect of their lives in a positive way is much more important.

I went on to tell the dad that I respected and applauded his desire to teach his son values and character. I believe that we parents are the most important character developers in our children's lives. Our kids watch and learn from our example.



I did mention that we as parents cannot teach our kids everything and that some of life's lessons can be better learned or reinforced when our kids listen to and hear valuable lessons from others.

Case in point.

My father was a good father who worked very hard for a living. He taught me about hard work and discipline. He always told me to do my best and that I should always believe in my ability to accomplish great things. His lessons were well taken. They've molded me as a person.

At the same time my father was not an athlete. Even though he came to all of my basketball, football, and wrestling meets while I was in elementary and high school he could not teach me some of the other physical and emotional skills that I needed to be successful in sports and in life.

I learned much from my wife and kids, instructors, coaches, teachers, and other adults and friends.

Even though my father's lessons are a part of who I am and will always remain with me it was these other people who helped take me to levels that I would have never dreamed of accomplishing on the athletic field, in business, and in life

Everyone has their opinion and I was polite in my conversations with this dad even though I wished that he would open his mind a bit more.

There are lessons to be learned all around us. Many of the lessons that we learn can be found when we seek out people who have experience that can enhance our life. No one person knows all the answers and everybody needs help to learn the things that they could use to be their best.

Sometimes our most vital learning begins when we lay our ego aside and let others help us find our answers. It really is true, **"when the student is ready, the teacher appears."** Let's be sure to give ourselves and our loved ones the opportunity to meet and learn from teachers that can really make a difference.



Here's to our best!

Fred Nicklaus

Fred Nicklaus

Owner & Master Instructor



Event Super Success

We had an incredible last week of January! Our three major events

- Holiday Party
- Leadership Conference
- Dodgeball Night

were a hit! Thanks so much for attending the events. The holiday party was a great time to smile, laugh, and eat together at Fiesta Mexicana (which, by the way, had incredible service as always). The Leadership Conference had tons of attendees. We worked on breaking down difficult kicking maneuvers in easy to follow stages with the lesson that you can repeat the same process in anything in life. Finally, our Dodgeball Night was another chance

to have fun outside the karate school and build our school energy.

Over time, the extra events we do create some of the best memories in Martial Arts Training. The extra events contribute to the Martial Arts lifestyle of working hard in class, challenging oneself outside of class, and recognizing the need to just have fun with good people.

Success is influenced by one's environment—hang around great people in great places, and get great results.

You don't want to miss some of the upcoming events we have planned this spring starting with our **MARCH**

MADNESS EVENT where you'll see *The Gauntlet*. More details to come February.

Valentine's Day Sale

Take advantage of our Valentine's Day Sale from February 14 to Saturday, February 16 at Midnight.

Save 14% OFF Everything! Just enter the coupon code: vday.

Go to www.NicklausMartialArts.com and click "Order Gear." Talk to your instructors for sizing. Be sure to get your required gear for class.



Happy Birthday!

- 6 Elizabeth Burelbach,
Brooklyn Eslkamp
- 14 Tyra Resse
- 16 Elissa Moser
- 20 Micah Klug,
Kristjan Palm-Leis

Special Events for Members of the Black Belt Club & Leadership Team

The last 15 minutes of regular classes are reserved for Black Belt Club and Leadership Team members to experience advanced training. Ask your instructor how you can become a part of these awesome programs. In February: Nun-chuks

ROCK SOLID CALENDAR – FEBRUARY 2013

Sunday	Monday	Tuesday	Weds	Thursday	Friday	Saturday
Dragon Theme: Fitness	4	5 	6	7	8 Beginner Testing 7 pm @Blessed Sac. School No 645 pm Class	9
10 Dragon Theme: Team Work	11	12	13 	14 Vday Day Sale Starts!!! 14% OFF Coupon Code: vday	15 Instructor Workout 645 pm @MAA	16 Last Day for VDay Sale! Ends at Midnight
17 Dragon Theme: Self-Discipline	18	19 	20	21	22 Instructor Workout 645 pm @MAA	23
24 Dragon Theme: Memory	25	26	27	28 		

Upcoming March Event:

MARCH MADNESS

--THE GAUNTLET IS COMING SAT, MARCH 23--

Leadership Weapon of the Month: NUN-CHUKS
Next Month: Escrima Sticks

