

 April 2014 

website: www.NicklausMartialArts.com

Have You Seen Our New Website?

Starting in November of 2013 we started working on our new martial arts website. We completely took the site apart and came up with this new addition for new people interested in finding out about our program.



We could use some help from our families on this new website. Here is what we would need.

- Reviews are a big deal in today's information age. The more reviews the better. We would ask that you tell your story and let others hear about what martial arts training has done for yourself or someone in your family. The easiest thing to do is to go to the Reviews link on the website and tell your story.
- Here we go with more tech ideas. Do you use YELP? If so, we are finding that YELP is a very powerful place for us to place reviews. It really is interesting to see how things that we have on the Internet are affecting the number of people that we have either finding information about our program or actually scheduling their first lessons. Your help in helping us with some more YELP reviews is much appreciated.
- Also, could you go to website and hit the Google+1 button on our main page. Also, we post links on our Facebook fanpage for you to Google+1. Thanks so much!

Your stories make a big difference to more and more people finding out about what we do in the Karate school. Please spend a little time and tell us your story. Thanks

Sincerely,

Fred Nicklaus

Fred Nicklaus

Owner & Master Instructor

Spring is Finally Here

Maybe it wasn't a wise thing to say that after the tough winter we've had. Winter might still come back. I hope not.

I'm sure that we are all ready for spring to finally arrive with its promise of lots of fun things to do outside.

After one of these cold, long winters we are always a little afraid of what will happen to our students when the nice weather finally hits.

Don't misunderstand, like everyone we welcome the spring weather and it's promise of beautiful days.

Our fear is that because winter was so long that people will want more than just a little outside time and will want to spend all of their time outside. We're hoping that all of our families get lots of time outside but don't forget your martial arts lessons.

Get outside and do your thing, but remember that your martial arts lessons provide you with energy, fitness, challenge, and lots of other essential things to help you feel your best.

We want to see you in the Karate school too. It's a pleasure having you with us and being able to teach you the skills of the martial arts.

Annual Summer Boot Camp Boot Camp Session I – July 7–11 Boot Camp Session II – Aug 11–15

Kids who have done Boot Camp know. Our summer Boot Camps are the **MOST POPULAR EVENT** we do next to obviously earning a new belt.



Years back we started our Summer Camp programs for kids, and every year the camps become even better. When we ask kids what their favorite part of karate is, usually the Summer Camp comes up as #1. The reason is, to a child, fun is where it's at.

Each year I try and make it better and better. The core parts of the summer camp are:

- Regular Curriculum Training
- Fun Weapons Training not seen in regular class
- Special Martial Arts Training like
 - Musical Forms

- Extreme Acrobatic Martial Arts
- Team Combinations
- Team Building Skits
- Snacks and Games (their favorite)

Some additions I made to make last year's two summer camps stand out:

- Special T-Shirts designed specially for each camp that only Boot Camp participants receive
- Movie Day on the Last Day



Each Camp is Packed!

In fact, I had to turn people away. I expect the same this year. The second camp usually fills up the quickest, so register soon!

Each Camp will have only 30 spots. The camp will be:

- **9 am – Noon Daily** during each camp
- **Each day earns two regular class credits** which means kids do not have to go to class at night 😊
- **Snacks & Drinks included** even for the movie
- **Last Day Pizza Meal Celebration**
- **Special Designed T-Shirt for Each Camp**
- **Fun Guaranteed**

The camp for the only week is \$169. Registration for:

Session I – Register by May 31

Session II – Register by June 30

Beware, BOTH Sessions historically Sell Out QUICKLY

Register and reserve your spots in the office ASAP.

I CAN'T WAIT TO HAVE A BLAST!

William Cornell

William Cornell

School Year is Coming to a Close

Moms and dads this is another area where we can use your help.

You know your son/daughter's teachers better than we do. We are looking forward to doing martial arts presentations in your child's school that give your son/daughter a chance to be the **Star of the Day** and show off his/her martial arts skills.

During these classes we also remind young people about the importance of focus, respect, taking pride in accomplishment, accepting challenge, and believing in themselves.

Kids and teachers always enjoy the program.

Here's what we ask of you. Please talk to your son/daughter's teacher and ask if there might be 30 minutes for us to come in and do one of these high energy programs.

Ask the teacher to either call me at **788-4410** or leave me an email at **MartialArtsAmerica1@gmail.com**. If your teacher would prefer, I would be happy to call him/her or e mail. Let me know what works best.



We know that there are many young people who could benefit from the things that we teach. Your help in helping us to arrange more of our school shows could bring the benefits of the martial arts philosophy and energy to many more kids.

Thanks in advance,

William Cornell

The Spring Fitness Carnival

Thanks for coming to our Spring Fitness Carnival. I had two main goals for our students 1) Have Fun and 2) Get Moving.

I hope that your child(ren) had a blast and that their friends had fun, too, especially with the board breaking. We learned a lot about how to improve the event to make it even better for next year.



Thanks so much for your support! We try to have

as many fun events as possible to make the experience with Martial Arts more than kicking and punching.

I also want thank the volunteers who helped in awarding prizes to very excited kids and who counted the reps in a high paced rotation.

Thanks!

William Cornell



**Happy
Birthday!**






- 2 Gordon Lowell
- 8 Kai Kapellas
- 11 Kenny McAndrews
- 14 Abby Las,
Johanna Tornstrom
- 15 Corben Vaughn
- 16 Ann Nelson,
Julia Schumaker
Jenny Boldt
Bode Kemmer
- 17 Jared Manderfield
- 18 Gavin Nevsimal
- 19 Jeremiah Koll
- 21 Logan Boland
- 23 Carver Ritterling

**Welcome to the
Leadership
Program**

- Dane McCormick
- Celia Blaylock
- Harvey Miller

**Special Events for
Members of the
Black Belt Club &
Leadership Team**

The last 15 minutes of regular classes are reserved for Black Belt Club and Leadership Team members to experience advanced training. Ask your instructor how you can become a part of these awesome programs. In April: Bo Staff

ROCK SOLID CALENDAR – APRIL 2014						
Sunday	Monday	Tuesday	Weds	Thursday	Friday	Saturday
Dragon Theme: Self-Control		1  Fingers Crossed ☺	2	3	4 Beginner Test 7 pm @Blessed Sac. School No 645 pm Class	5 3rd Degree Testing Ms. Schwertfeger Ms. Appold
6 Dragon Theme: Respect	7	8	9 	10	11 Workout w/ Instructors 645 pm @ MAA	12
13 Dragon Theme: Focus	14 	15	16	17	18 Workout w/ Instructors 645 pm @ MAA	19
20 Dragon Theme: Team Work Happy Easter	21 ADV 3rd Stripe Chk Wk	22	23 	24	25 Black Star & Adv Test 630 pm @Blessed Sac. School No 6/645 pm Class	26
27 Dragon Theme: Fitness	28	29 	30	Register by May 31: Summer Boot Camp I: Jul 8-12 Register by June 30 Summer Boot Camp II: Aug 12-16		
Leadership Weapon of the Month: BO STAFF <i>Next Month: Nun-Chuks</i>						