



ROCK SOLIDNEWSLETTER

 **December 2014** 

website: www.NicklausMartialArts.com

Merry Christmas & A Wonderful Holiday Season

It's hard to believe but here we are at the end of another year. We hope that you've had a great year and that your experience at our school has contributed to your year.

As always we are thankful for the growth that we have experienced and the new things that we have learned and tried to make our martial arts school a vibrant, exciting place to be.

We are mostly thankful for our families and the opportunities that you give us to work with your loved ones.



We spend many hours thinking and planning the things that we do in and out of the classroom to make sure that we create an environment where we teach not only the physical movements of the martial arts but also talk about and give our students the important examples of the life skills that we all need to make our lives successful and happy.



During this Holiday season we hope that you are able to spend time with the ones you love and make this season one to remember.

It is our wish that you will be with us for many more Christmas seasons and that we can continue to learn and grow together.

**Merry Christmas & Happy Holidays,
The Staff at Nicklaus' Martial Arts America**

12th Annual Kick-A-Thon **Sat, Dec 6th 10 or 11 am**

Our yearly Kick-A-Thon is on **Saturday, December 6th at 10am and 11am.**

We have done this event for many years and continue to do it because it is for a very good cause.

The monies that we raise from this event helps families and children who are going through some tough times because of illness. All monies that we raise stay local for services provided at Gundersen Clinic and Lutheran Hospital.



**GUNDERSEN
MEDICAL
FOUNDATION
Children's
Miracle Network
Hospitals**

We look forward to having you involved in this special event.

Remember:

It's easy.

All you have to do is raise some monies by asking friends and family for flat donations (NOT per kick) and then you choose either the 10 or 11 am time slot to kick for 30 minutes.

It's a great workout for you and a high-energy atmosphere to be involved in.

Helping those in need is something that gives meaning and pleasure to all of our lives.

Plan to join us on Saturday December 6th and do some kicking

P.S. Remember to bring along a family member or friend to hold the provided x-ray papers for you and count how many kicks you have done.



A Holiday Gift for You **50% Off Lessons**

SAVE This Holiday Season.

We'd like to save you some monies on your martial arts lessons this Holiday Season.

From December 1 thru December 23 you can buy two (2) months of martial arts lessons for 50% off of the regular price.

50% DISCOUNT

We've done something like this for the past few years and the response has been tremendous.

It's a great way for us to offer our families a chance to save some monies and for us to say thank you for being in our program.

So that means if you are currently on a Basic program and your cost for the program averages \$125 per month you can get 2 months of lessons for \$62.50 per month. Similarly, if you are currently on a Leadership course and your cost per month is \$139 you can purchase 2 months of lessons for \$69.50 per month. This is a wonderful opportunity for you to extend your martial arts membership and SAVE dollars in the process.

Some rules apply...

1. **You must be on an existing program to take advantage of this offer.**
2. **You would pay for this special offer by check, cash, or credit card the day that you purchase it.**
3. **This offer expires on December 23rd**
4. **2 months is the maximum time that you are able to buy at the 50% off price (Families- this offer is per person so you can take advantage of this 2 month offer for all of your martial arts family members)**

Stop in the office to take advantage of this ½ price offer for 2 months of lessons.

I've talked to some other instructors from other karate schools over the past year who have suggested that giving our students a chance to buy our martial arts lessons at a lower price devalues our service.

I beg to differ. I'm not sure about devaluing our program. I look at it as something that we want to do for our families because we appreciate your commitment to our program.

Thank you for trusting in our program and the instructors at Nicklaus' Martial Arts America and



Thanks!

thank you for giving us the opportunity to serve your family.

Warmest Regards,

Fred Nicklaus

Fred Nicklaus

Owner & Master Instructor

Salvation Army Bell Ringing

A big thanks to those of you who helped with the bell ringing for the Salvation Army. The Salvation Army does a fabulous job of taking care of those in our community who need food, clothing, and shelter.



In addition to providing these essential living needs the people at the Salvation Army also do a great job of making

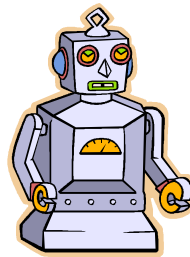
people feel welcome and cared for.

Taking time out of your day to ring the bells is a wonderful way for you to show compassion and care for those who are less fortunate.

We all need a hand up at some time in our lives. Thanks for extending yours.

Toys For Tots

The Toys For Tots container will be in the Karate school until Saturday December 6th



Do you have some toys that you are no longer using that you might bring on over and put in that container?

You may not think that it's a big deal giving some of your old toys away but you can't imagine the joy that a young person feels who may not get a toy for Christmas otherwise.

It's really very simple. When you give you also get.

You have the ability to make someone smile this Christmas. Take a moment to think about which toy or toys you would be willing to give to someone who could really use a toy this Christmas.

When you've made your decision then bring it on over and stuff it into our barrel.

ROCK SOLID CALENDAR – DECEMBER 2013



Happy Birthday!

- 2 Emily Dalton
- 4 Katie Christensen
- 10 Libby Sorenson
- 11 Siena Folkers
- 12 Rachel Arndt
- 14 Logan Her
- 24 Joe L' Abbe-Harrell
- 26 Roxana Lienbach
- 28 Rylee Karrigan,
Ian Welke
- 30 Takota Wall
- 31 Ryan Titcomb

Welcome to MAA







- Eris Sibelle
- Ashley Handel
- Gabe Driscoll

Welcome to the Leadership Program

- Jasmine Ellefson
- Casey Erickson
- Laurel Erickson
- Anden Schieldt
- Aliyah Schieldt

Special Events for Members of the Black Belt Club & Leadership Team

The last 15 minutes of regular classes are reserved for Black Belt Club and Leadership Team members to experience advanced training. Ask your instructor how you can become a part of these awesome programs. In December: Escrima Sticks

ROCK SOLID CALENDAR – DECEMBER 2013						
Sunday	Monday	Tuesday	Weds	Thursday	Friday	Saturday
Dragon Theme: Self-Control	1	2	3 	4	5 Beginner Testing 7 pm @ Blessed Sac. School	6 12 th Annual Kick-A-Thon 10 or 11 am No Regular Classes
7 Dragon Theme: Respect	8	9 	10	11	12 Workout w/ Instructors 645 pm @ MAA	13
14 Dragon Theme: Focus	15 	16	17 	18	19 Workout w/ Instructors 645 pm @ MAA	20
21	22	23 Holiday 50% Off Lessons Ends Today!!!	24	25	26	27
Happy Holidays!!! No Regular Classes Dec 24-Dec 28 See you Monday! 						
28	29 CLASSES RESUME TODAY!	30	31	1	2 CLASSES RESUME TODAY!	3
			Happy New Year!!  No Regular Classes Weds Dec 31 – Jan1 See you Friday!			
January Upcoming Events <ul style="list-style-type: none"> • Advanced & Black Star Testing Jan 23 • Black Stripe Belt Testing – Jan 24 						
Leadership Weapon of the Month: ESCRIMA STICKS <i>Next Month: Bo Staff</i>						