



ROCK SOLIDNEWSLETTER

February 2015

website: www.NicklausMartialArts.com

ATTENTION-Moms and Dads...

“An Information Packed Workshop That Teaches Your Child How To Get Into "Peak State" Which Will Help Him/Her Become Better FOCUSED at Home & School!”

Your Child will also discover how to set Goals using our Black Belt Success System which leads to an "I Believe I Can" attitude...

Wouldn't it be that much easier for us parents to help our kids be their best if we could just plug into some magic formula?



Better yet how about 3 wishes from a genie.

Wishful thinking but as a parent you know that things just aren't that easy.

You also know that everyday your son/daughter faces challenges that can cause very real harm unless your child has the power to react effectively.

The world really can be a cruel place.

So what are the things that help our kids feel fantastic and help them make great decisions that inspire them and lead to continued personal growth?

Movement- An Important Health Factor

First off we believe that every child is born with a want and desire for movement.

Kids that move on a regular basis are physically and mentally stronger, have better posture, are more willing to accept new challenges, and give

themselves an advantage in almost every area of their lives.

The martial arts gives us a unique way to make physical movement exciting, fun, and challenging. It also gives us a way to help each child, no matter what their talent level or fitness level is, to do something that they can enjoy and get good at.

The mental growth in our program comes from giving our students reasonable challenges that inspire and also from helping them understand the value of **focus, respect, discipline, and learning how to believe in yourself.**



I'm telling you all of this for a reason.

I'd like an opportunity to connect your child with some of these same outstanding benefits.

Saturday February 21st

at 12:30pm

at Nicklaus' Martial Arts America

We will be hosting a Kids Karate Goal Setting Workshop

This event will give both you and your son/daughter a chance to see how this system that I've been explaining to you can work for you.

Here are a few more things for you to know about what I'll talk about in the workshop.

The Awesome Power of BELIEF & STATE

It has been my experience that young people who have a strong BELIEF in themselves and their potential have an incredible advantage.



Kids who BELIEVE in themselves find a way to get the best out of themselves and they know how to plan for and achieve their most inspired dreams and goals.

Kids who are successful and happy also know how to put themselves in the proper STATE OF MIND for optimal performance.

During our Goal Setting Workshop we will teach kids how to develop an unstoppable BELIEF in themselves while also teaching them very effective ways to get into peak STATES of performance.

All of these very important life lessons will be achieved while we also do some fun martial arts and fitness drills and games with them.

Moms and Dads This Is Your Chance...

As a parent you have the opportunity to expose your child to an event that can and will give him/her some very powerful ideas on how your child can **discover their most desired amazing results.**

Register in the office for the Karate Kid Goal Setting Workshop.

I look forward to seeing you at this very exciting event.

Fred Nicklaus
Fred Nicklaus
Owner & Master Instructor

P.S. Remember to like us and become a friend at our Facebook page at Nicklaus' Martial Arts America

The Power Of Facebook

Over the past 3 years Facebook has become a powerful way for businesses to connect with their customers and introduce themselves to new customers.



We at Nicklaus' Martial Arts America continue to learn about how to use this powerful tool more effectively.

One way that you can help us to increase our ability to reach and help more people is to comment on some of the things that we post on our Facebook page. We will do our best to put interesting copy, videos, and photos on our page and we would appreciate it if you could spend a few moments writing a comment.

One other way to help us on Facebook is to **like and share** the things that we put up with your friends. This gives our messages even more value in the eyes of Google and helps us reach more people.

Your help in this matter is much appreciated.

Valentine's Day Sale

14% Off Everything

February 14, 15, 16



Beginner's – have you gotten your gear, yet?

Advanced Students – Do you need replacement gear? Do you need upgrade gear?

Take advantage of our Valentine's Day Sale February 14-16 where you can save 14% off every item.

All Bundles will be already discounted starting Feb 14.

For all other individual items or gift items, enter the coupon code: **vday** in the shopping cart to save.

If you have questions about sizing or gift ideas, just ask an instructor.

Here's what you do:

1. Go to **www.NicklausMartialArts.com**
2. Click "Order Gear"
3. Click the "Bundles" menu option or click "Product Catalog"
4. Shop and for individual items use the coupon code: vday
5. SUCCESS!!!



Happy Birthday!

- 2 Cameron Schmitt
- 5 Miranda Highman
- 6 Brooklyn Elskamp
- 14 Melayeh Azeze
- 16 Erin Ready
- 18 Evan Zumach
- 19 Kenji Vang
- 20 Kristjan Palm-Leis
- 21 Owen Frasor

Welcome to MAA






- Gavin Skinner
- Liam Strong
- Rowan Strong
- Brandi Strong
- Kevin Strong
- Samuel Trussoni
- Gunnar Wilcox

Welcome to the Leadership Program

- Melayeh Azene
- Jasmine Ellefson
- Keira Wengel

Special Events for Members of the Black Belt Club & Leadership Team

The last 15 minutes of regular classes are reserved for Black Belt Club and Leadership Team members to experience advanced training. Ask your instructor how you can become a part of these awesome programs. In February: Nun-Chuks

ROCK SOLID CALENDAR – FEBRUARY 2015						
Sunday	Monday	Tuesday	Weds	Thursday	Friday	Saturday
1 Dragon Theme: Self-Control	2	3 	4	5	6 Beginner Testing 7 pm @Blessed Sac. School	7
8 Dragon Theme: Respect	9	10	11 	12	13 Workout w/ Instructors 645 pm @ MAA	14 Valentine's Day Sale 
15 Dragon Theme: Focus	16	17	18	19 	20	21 Kids Karate Goal Setting Workshop 1230 pm @MAA
22 Dragon Theme: Team Work	23	24 	25	26	27 Workout w/ Instructors 645 pm @ MAA	28
Leadership Weapon of the Month: NUN-CHUKS <i>Next Month: Escrima Sticks</i>						