

 **September 2015** 

website: www.NicklausMartialArts.com

Some Back To School Thoughts

It's hard to believe that summer is over and the school year is upon us. Every school year brings new challenges.



I'd like to share a few ideas that parents can share with your kids to make sure that this school year is a great one.

1. **There will be challenging courses that you will take and challenging times.** Sometimes you might become frustrated because you don't understand these new concepts right away.



Keep practicing. In time you will understand even the most challenging subjects. This will give you reason to be proud of your accomplishment and will help you believe that you can overcome your next challenge

2. **Be careful about what you listen to.** People will tell you things that you should not believe.

Kids might tell you that they don't like you. Some might say that you are dumb and will never amount to anything.

Teachers and coaches might even say some things that make you sad and unsure of yourself.

Remember this. You are in charge of what you believe and what you think. Think good things of yourself and believe that you are a good person with unlimited potential.

The trials and challenges that you experience will come to an end eventually but in the mean time they will serve to strengthen you .

3. **In the grand scheme of things the most important opinion is the one you have of yourself.** This is why it's so important that you do things



that strengthen your belief in yourself.

Every day you will have to make decisions about what type of a person you will be. You will have to decide how you are going to treat yourself and others, how hard you will work to accomplish your goals, and who you will choose as your friends.

All of these decisions matter and the decisions that you make every day will determine the type of person that you become.

4. **Seek to learn and be sure to use your imagination.** Being a kid should be a wonderful time in your life. There is so much to learn and to be excited about.



Remember to ask many questions and take time to dream. Dream about what you want to be and what you want your life to look like.

All of us at Nicklaus' Martial Arts America wish a great school year for all of our students. Make it a year of much learning, high energy, and a year that you can look back on and be fulfilled and proud of.

Best of luck,

Fred Nicklaus

Fred Nicklaus

Owner & Master Instructor

Gear Sale

Your Chance To SAVE \$\$\$



Recently we've had many new students come into our program. In order to participate fully in our classes we ask that students purchase safety equipment in order to partake in drills and protect themselves while doing said drills.

Lately we've had to cut back on some of the basic blocking and sparring drills that we would like all of our students to learn.

We would like to use the month of September as a month to catch all of our students up on the gear

requirements that we have. Those gear requirements are as follows:

By Gold Belt- The student should have Hand and Foot Gear

By Green Belt- The student should have the remainder of the gear

Once again using gear in class is an exciting part of the martial arts learning process and the use of gear protects both the person wearing it and their partner from any potential injury.

We have taken a look at prices on the Gear website that we use and have decided to give all of our students **SUBSTANTIAL SAVINGS** on any gear purchased.

This is a great opportunity for our new students to purchase their gear and also an opportunity for any of our long term students to upgrade their gear if needed.

Please understand that it is essential that all of our students are up to date on their gear requirements as using this safety equipment on a regular basis helps all of our students develop skills that it would be difficult to develop without it. Doing martial arts drills without gear is like playing hockey without a hockey stick.

Your instructors will be giving you your individual gear requirement and order form with SAVINGS prices during the first week of September

We ask that you order your gear by **Friday September 11th or Friday September 25th**. Find out your sizes and make your orders in the office with instructors. We ask that you pay for your gear at time of order.

NOTE: In addition to the \$\$\$ saved on your gear order you will also have no shipping costs when we make this order for you. Also, we will be going back to an open faced headgear without face shield because students have been having trouble with breathing and masks clouding up during use.

A Big Thank You

Thanks to your efforts we were once again able to share our martial arts classes with your friends and family members.

We've said this many times before but it bears repeating. You, our families, are our absolute best means to tell our story. The things you tell your friends are believable and help your friends become more comfortable about making a decision to try martial arts.

Our Summer Referral Contest was again a huge success and we are happy to reward those of you who brought your buddies into our program.

This year the winners of the top 3 prizes were:

1. **Ali Buege**- 1st prize- \$500 weekend at the Wisconsin Dells
2. **Genessa Carney** - \$200 Samsung Tablet
3. **Sam Adams**- \$100 gift certificate

Thank those of you who won this year's prizes and all of you who talk to your friends about our program.

We are excited to have you as one of our martial arts families. We would like to help as many people as possible benefit from our martial arts training. Keep spreading the good word.

Girls Scouts Anti-Bully & Self-Protection Seminar **Sept 19 @ MAA**

On Sept 19 starting at noon, we'll be doing Anti-Bully & Self-Protection seminars for local girl scouts. We're excited to be working the Girls Scouts to help them provide more enrichment activities that really can help children.

If you're interested in booking a time for your Girls Scouts or another organization for a different day, let us know :)



Happy Birthday!

- 3 Mollie Vandenberg
- 4 Michelle
L'Abbe-Harrell,
Victoria Goetting,
Saumya Dubey
- 6 Kasey Roberts
- 11 Stu Leinbach
- 15 Gage Suchla
- 17 Maks Bloyer
- 18 Evan Bingham
- 19 Krystalyn Campbell
- 20 Sammy Adams, Jr,
Max Hein,
Jacob Elegbede
- 22 Colton Hoskins
- 26 Nicholas Highman
- 27 Isaac Eckert
- 28 Gabe Driscoll

Welcome to MAA

- Caden Webber
- William Buckley
- Isaac Eckert
- Israeh Freeman-
Herdina
- Ameerah Freeman-
Herdina





**Welcome to the
Leadership
Program**

- Brandi Strong
- Kevin Strong
- Liam Strong
- Rowan Strong
- Gage Suchla

**Special Events for
Members of the
Black Belt Club &
Leadership Team**

The last 15 minutes of regular classes are reserved for Black Belt Club and Leadership Team members to experience advanced training. Ask your instructor how you can become a part of these awesome programs. In September: Escrima

ROCK SOLID CALENDAR – SEPTEMBER 2015

Sunday	Monday	Tuesday	Weds	Thursday	Friday	Saturday
Dragon Theme: Fitness		1 	2	3	4 No 645 pm Class	5
6 Dragon Theme: Self-Discipline	7	8	9 	10	11 Leadership Workout with Instructors 645 pm @MAA	12
13 Dragon Theme: Memory	14	15 	16	17	18 No 645 pm Class	19 No Classes 1130 am & After
20 Dragon Theme: Coordination	21	22	23	24	25 Leadership Workout with Instructors 645 pm @MAA	26
27 Dragon Theme: Self-Control	28	29	30	1 	2 Beginner Testing 7 pm Location TBA No 645 pm Class	3

October Upcoming Events:

- Advanced & Black Star Testing – Oct 16, Location TBA
- Black Stripe Belt Testing
- Anti-Bully Seminar @ MAA
- Halloween Party – Oct 30th @ MAA

Leadership Weapon of the Month: *ESCRIMA STICKS*
Next Month: *Bo Staff*