



# ROCK SOLIDNEWSLETTER

 **December 2015** 

website: [www.NicklausMartialArts.com](http://www.NicklausMartialArts.com)

## A Time for Thanks, A Time for Giving

It's always good to step back, take a deep breath, and give thanks for the many gifts that we've been given. It's a fact, being thankful for what we have gives us a powerful boost of energy that helps us make each day a bit more special.



The Christmas season is a time for family, friends, and a time to say Thanks.

For some the Christmas season can be a difficult time. Many families in our area struggle to put food on the table, pay essential bills, and find the peace that others have.

In November we started to mention some of the things that we were doing to help those less fortunate than ourselves.

I'd like to remind you about those programs. I hope you can join us to help make this Christmas a bit more cheerful and hopeful for those who struggle.

**Fred Nicklaus**

**Fred Nicklaus**

**Owner & Master Instructor**

### Tuition Savings For You

# 50% DISCOUNT

During December we also offer our families a chance to SAVE on your tuition.

You can **buy 2 additional months of lessons at ½ price.**

So if you are currently paying \$125 for one month of lessons you can now purchase 2 months for that same price or an average of \$62.50 per month for those 2 months.

We ask that you pay for your additional two months at the time of your order and that you are currently on an existing program.

2 months of Karate for the price of one during December.

Some rules apply...

1. **You must be on an existing program to take advantage of this offer.**
2. **You would pay for this special offer by check, cash, or credit card the day that you purchase it.**
3. **This offer expires on December 23<sup>rd</sup>**
4. **2 months is the maximum time that you are able to buy at the 50% off price (Families- this offer is per person so you can take advantage of this 2 month offer for all of your martial arts family members)**

**Note: The last day of this ½ price sale is December 23<sup>rd</sup>.**

## Salvation Army Bell Ringing

Each year we arrange for some of our students and families to help with the annual bell

ringing. We will be doing it this year on **Saturday December 5<sup>th</sup>**. We will be ringing bells at the **Festival Food store in the Village Shopping Center** and also across the street at the **K Mart**.

The bell ringing sessions are each 2 hours long and they start at 8am on December 5<sup>th</sup>. In the past we have had 2 people cover each session. Students, siblings, and parents can all help with the bell ringing.

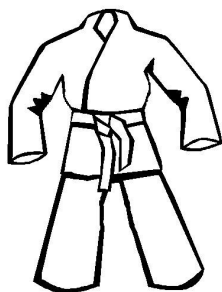
We ask that students wear your Karate uniform while bell ringing.



Sign up for your bell ringing slot in the office.

## Questions About The Black Leadership Uniform

The Black uniform is our leadership program uniform. The leadership program is the program that all of our students who plan to become Black Belts are on.



Becoming a Black Belt requires an extraordinary amount of commitment and sacrifice on the part of the student as well as on the part of the entire family.

At the same time we believe that anything that's worth having is worth working for.

As our students continue on in their beginning level programs instructors watch and evaluate when they think a person is ready to commit to the journey of becoming a Black Belt.

At that time we will schedule a meeting with you to explain the different options that you have for getting to your Black Belt.

Point of Interest- Over the years when our students have earned their Black Belt we have asked the question, **"If we could take away your Black Belt and everything that you have learned and gone through, what amount of money could we give you in exchange for taking this away from you?"**

Interestingly enough, every Black Belt that we have ever asked this has replied, **"There is no amount of money that I would take to exchange for my Black Belt"**

The journey to Black Belt is a journey worth taking.

To those of you who have already made the decision to take that journey, we wish you all the best. To those of you who will eventually be asked to make that decision, we hope that you too decide to go for it.

## Christmas Gifts Ideas For Our Students

We've got some ideas for our students and families for this Holiday Season Too.

### *First Time Ever-Kama Seminar*

The Kamas are a weapon that we do not use in our school but they are used by many at tournaments and can add one more avenue for excitement to our students.



It's a fun weapon to learn. Parents, don't worry. These are not weapons with metal blades but are wooden handle with foam blades to protect against possibility of injury.

This Christmas families can purchase

- **2 decorative kamas**
- Entrance to the first ever **Kama Seminar on Saturday January 30<sup>th</sup>**
- You will also receive a **Gift Certificate** to put under the tree

The cost for your Kamas and Your Seminar is **only \$39**

Purchase your Kamas and Kama Seminar Gift Certificate in the office

### *More Gift Ideas*

All of our students will receive a Holiday Gift order form. There will be t shirts, hoodies, shoe bags, and other items on this order form ( you can see samples of the t shirts, hoodies, and shoe bags at the Karate school)



In addition you can look at the Holiday catalogs that you can find at the school and order from those catalogs (Sparring gear, uniforms, bo staffs, and any other items of interest)

We ask that you order from the catalog through us using your order form. We will **SAVE you an additional 10% on your order and also save you the cost of shipping and handling.**

**All orders for t's, hoodies, and shoe bags must be made by December 7<sup>th</sup> to insure delivery by Christmas. You can still order items from the catalog after the 7<sup>th</sup> but would recommend ordering no later than December 12<sup>th</sup> to guarantee delivery by Christmas.**

## Socks For The Salvation Army

We've been told by those at the Salvation Army that their number 1 clothing need this winter is **SOCKS**.

Socks of all sizes. Men's and women's boy's and girl's socks

We can accept slightly used socks or new

Can you part with a few pairs of socks this Holiday season?

Your gift of socks will mean a lot to someone who may not have any socks

You can put your socks in the box at the Karate School marked **Socks For The Sal**

## Toys For Tots



This is another worthy project that we have been involved with for many years

This is a chance for you to contribute a slightly used toy or toys that maybe you have not been playing with as much or you might even buy something new for someone this Christmas.

Whatever you decide, the toy that you decide to contribute might easily make this Christmas special for a little boy or girl who might otherwise not get any toys.

The little things we do can have lasting impressions.

Drop your toys in the **Toys For Tots barrel** at the Karate school.

## Mark Your Calendar-Meeting

There is one more thing I would ask for your help on.

In recent conversations with staff at the Salvation Army they have told me that they are developing a list of families that could use some help this Christmas season.

It is my understanding that some of the biggest needs are for things like toothpaste, household cleaning supplies, and other everyday needs that some families are struggling with this Holiday Season.

I've been told that this list of families and their needs will be complete in the beginning of December.

If you are interested I will be holding a short meeting to give you more information about this project.

We will have a meeting on **Thursday night December 10<sup>th</sup> at 6pm** at the Karate school

I hope you can make it with some ideas as to how we might help

I often think about ways that I can give back. I've been very fortunate and giving back to others is a small way for me to say thanks.

Join me on December 10<sup>th</sup> to discover some ways that you too can give back.

## No Classes During The Holidays

There will be no classes on December 24<sup>th</sup>, 25<sup>th</sup>, 26<sup>th</sup>, 31<sup>st</sup>, January 1<sup>st</sup>, January 2<sup>nd</sup>

Have a safe, blessed, and joyful Christmas and New Year Season





**Happy  
Birthday!**

- 10 Anita Ames
- 11 Siena Folkers
- 14 Logan Her
- 24 Joseph  
L' Abbe-Harrell
- 26 Roxana Leinbach
- 28 Rylee Karrigan  
Ian Welke
- 30 Takota Wall,  
Jeff Bingham
- 31 Ryan Titcomb

**Welcome to  
MAA**

- Javon Dudley
- Alex Dudley
- Ashlynn Reynolds
- Kaden Soper







**Welcome to the  
Leadership  
Program**

- Jeff Bingham
- Jake Dwyer
- Wyatt Overson

**Special Events for  
Members of the  
Black Belt Club &  
Leadership Team**

The last 15 minutes of regular classes are reserved for Black Belt Club and Leadership Team members to experience advanced training. Ask your instructor how you can become a part of these awesome programs. In December: Escrima Sticks

**ROCK SOLID CALENDAR – DECEMBER 2015**

| Sunday                      | Monday  | Tuesday | Weds  | Thursday  | Friday  | Saturday |
|-----------------------------|---|---------|---|---|---|----------|
| Dragon Theme: Self-Control  |  | 1       |  | 3   | 4<br>No 645 pm Class                                  | 5        |
| 6                           | 7   | 8       |  | 10  | 11<br>Leadership Workout with Instructors 645 pm @MAA | 12       |
| 13                          |  | 15      | 16  | 17  | 18<br>Leadership Workout with Instructors 645 pm @MAA | 19       |
| 20<br>Dragon Theme: Respect | 21  | 22      | 23<br>Holiday 50% Off Lessons Ends Today!!!                                       | 24  | 25  | 26       |
|                             |   |         |   | <b>Happy Holidays!!!</b><br>No Regular Classes<br>Dec 24-Dec 28<br>See you Monday!<br>     |   |          |
| 27<br>Dragon Theme: Focus   | 28  | 29      | 30  | 31  | 1   | 2        |
|                             |   |         |   | <b>Happy New Year!!</b><br><br>No Regular Classes<br>Weds Dec 31 – Jan1<br>See you Monday! |   |          |

**January Upcoming Events:**

- Advanced Testing & Black Star Testing – Jan 22
- Mr. Cornell's Kama Seminar – Jan 30

**Leadership Weapon of the Month: *ESCRIMA STICKS***  
*Next Month: Bo Staff*

