

 **September 2017** 

website: www.NicklausMartialArts.com

Mr. Nicklaus' Spotlight Article: **What Kind Of A Deposit Are You Making?**

I'd like to share a story I heard from a friend earlier this week.

Way up in northern Wisconsin there is a small grocery store.

Over time business has slowed but the elderly gentleman who owns the store still keeps its doors open.

Business has been so slow that many of the things on his shelves have dust on them.

It's not been easy for him to keep the store open.

One day the man is sitting behind his counter and the front door slowly swings open.

A customer comes into the store and makes his way up and down the few aisles in the store.

The owner says hello and tries to make small talk but the customer doesn't want to be bothered.

After exploring the merchandise the customer settles on a chocolate bar.

The owner takes the bar and the .75 cents from the man for payment and rings it up on his cash register.

He then looks up at the customer and notices that the customer is pointing a gun at him.

The customer says, "give me all of the money you have."

The old businessman opens his cash register and proceeds to hand over all of the .75 cents that he has.



The gunman looks at the coins and says, "This is all you've got."

The business owner says, "if you had wanted more money you should have taken the time to invest more in my store."

I'm sharing this story with you not because it was real in any

way. It's hard to keep a store open when your earnings for the day are .75 cents but I thought that my friend's story made an important point.

Moms and dads bring their sons and daughters to our martial arts school with the hope that their boys and girls can gain excellent benefits.

Those benefits include **Focus, Respect for Self and Others, Self-Discipline, Improved Fitness, Personal Safety Skills, and Confidence to name a few.**

We are thankful for the opportunity to work with all of our students.

At the same time it's important to go back to the story that I shared and remember a very important point.

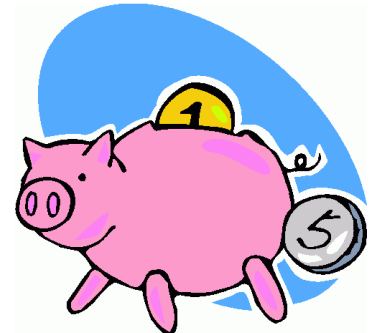
In order for parents and kids to get as much as possible from our program and in order that my instructors feel that their hard work is changing lives for the better **EVERYONE** has to be willing to make a **DEPOSIT.**

The deposit on the parents side is getting their kids to class regularly and on time, encouraging students to give it their all and asking their child to show them what they have learned in class, and not giving up even when life and other responsibilities can make it hard to stick to your commitment.

The deposit for the student is to come to class and try his/her best. It's to not argue with mom and dad when it's time to go to class even if you've had a long day or you want to play with your friends. It's to take pride in your effort and make sure that you are getting better every time that you come to class.

The deposit for my instructors is the give their best in every class no matter how their day may be going. It's important to feel that our efforts are making a difference and that our students are growing mentally and physically.

It always comes down to **WHAT KIND OF A DEPOSIT WE ARE WILLING TO MAKE.**



Thanks for giving my team the chance to make a real difference in your child's life.

We promise to continue making the deposits necessary to make this a remarkable experience for your family. We encourage you to continue making your deposits.

Fred Nicklaus
Fred Nicklaus
Owner & Master Instructor

The School Year Is Here

Where did summer go?

Is it just me or did summer come and go faster this year than any other?



I wanted to share a few ideas with parents and students to help make this a great school year. Here they are

1. Remember that your first few classes are your most important classes. First impressions matter. Concentrate and be alert so that you can do your best. Start your school year off with a bang. Focus your eyes, Focus your ears, Focus your body, Focus your mind. Be ready to grow and learn
2. Your room is your castle and your office. Be sure to make it orderly and functional. Keep it clean. Remember, this is not mom or dad's job. The good habits that you develop now will serve you well throughout your life
3. Be on time for school and your classes. Late is never good while being early is always looked upon with favor. Little things matter.
4. Rule your own life. If you let the television, video games, or your friends rule your life then you can not become the winner that you are capable of becoming. It's difficult sometime but it's important to **MAKE THE PLAN AND WORK THE PLAN**. There will always be distractions. Stay the course.
5. Walk away from situations or people that will destroy your mental or physical growth. Don't listen to people who say cruel and harmful things to you. Don't believe those things and don't accept the cruel things as true. Remember, you are the gatekeeper. Keep the junk out.
6. Have a **POSITIVE** relationship with your parents and your teachers and always show respect. Show



respect at all times and you will do better in every area of your life

7. **BE SELECTIVE IN CHOOSING YOUR FRIENDS.** You do not have to be friends with the whole school. Pick out a few people who are headed in the same direction in life that you are. If you hang out with the respectful, hard-working, and safe people then you will also be respectful, hard-working, and safe. **PICK YOUR FRIENDS WITH CARE. YOU ARE WORTH IT**
8. Choose to be a winner. Never accept anything but the best from yourself. If you are having trouble achieving your best don't be afraid to ask for help. Everyone needs help at some time. Don't be afraid to ask.

Please share these tips with your child and revisit them each week. If your child can read it's also a good idea to put them in a place where he/she can see and read them on a regular basis.

Exercise For Adults

Parents, do you ever feel that you need to do something for yourself? A little Me Time? If that's the case we want you to know that we have a Me Time activity that can bring a smile to your face and get you into great shape



We encourage you to give our Kickboxing classes a try

Classes meet on Tuesday and Thursday evenings at 7:15 and on Wednesday evening at 7:30

Students in kickboxing classes are learning real world striking skills. This practice gives people the confidence and the ability to better defend themselves if a situation ever happens and it also helps them get into great shape

No experience is necessary and you can try class **FREE** for 2 weeks

Simply show up at any of the times listed above and we will take you through a great workout

You can find more information about the class by taking a look at the websites

www.RockSolidKids.info/kickboxing

www.RockSolidKids.info/kickboxing-la-crosse-women/



Happy

Birthdays!

- 3 Eva Valentine,
Abbi Bucher
- 10 Isaiah Rahman
- 12 Jeswanth Eadara
- 15 Gage Suchla
- 18 Evan Bingham
- 25 Zach Wuensch
- 27 Isaac Eckert
- 28 Gabe Driscoll






Welcome to
MAA

- Samuel Arneson
- Braxton Jacobson
- Joesph Morris
- Opal Mudler
- Andrew Spencer

Welcome to the
Leadership
Program

- Carter Crabtree
- Evie Lowell
- Gordon Lowell
- Menolly Widolff
- Collin Wilson

ROCK SOLID CALENDAR – SEPTEMBER 2017

Sunday	Monday	Tuesday	Weds	Thursday	Friday	Saturday
3 Dragon Theme: Fitness (Purple)	4 Happy Labor Day! No Regular Classes	5 Beginner Stripe #1 Check 	6	7	8 	9
10 Dragon Theme: Fitness (Blue)	11	12	13 	14	15	16 September Gear Order Due Today!
17 Dragon Theme: Fitness (Red)	18	19 	20	21	22	23
24 Dragon Theme: Fitness (Brown)	25	26	27	28 	29	30
<p><u>October Upcoming Events:</u></p> <ul style="list-style-type: none"> Beginner Testing – Oct 13 Advanced & Black Star Testing – Oct 27 Halloween Party – Oct 30 @ MAA 						
<p>Leadership Weapon of the Month: <i>Bo Staff</i> <i>Next Month: Nun-Chuks</i></p>						