



Nicklaus' Martial Arts America
 1007 East Avenue South
 La Crosse, WI 54601
 788-4410

Black Belt Stripe Requirement List

<u>1st Stripe</u>	<ul style="list-style-type: none"> • 8 Total Classes • 1 Month of Training at Black Stripe Belt • All 4 Forms
<u>2nd Stripe</u>	<ul style="list-style-type: none"> • 8 Additional Classes (16 Total Classes) • 2 Months of Training at Black Stripe Belt • All Self-Defense
<u>3rd Stripe</u>	<ul style="list-style-type: none"> • 8 Additional Classes (24 Total Classes) • 3 Months of Training at Black Stripe Belt • All Combinations
<u>4th Stripe</u>	<ul style="list-style-type: none"> • 8 Additional Classes (32 Total Classes) • 4 Months of Training at Black Stripe Belt • Successful Passing of 1st Pretest
<u>5th Stripe</u>	<ul style="list-style-type: none"> • 8 Additional Classes (40 Total Classes) • 5 Months of Training at Black Stripe Belt • Successful Passing of 2nd Pretest
<u>6th Stripe</u>	<ul style="list-style-type: none"> • 8 Additional Classes (48 Total Classes) • 6 Months of Training at Black Stripe Belt • Successful Passing of 3rd Pretest